

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

**Madley Brook
Spring 2019**

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 7, 28 Jan, 25 Feb and 18 March	Main	Sausage & Vegetable Pasta Bake	Macaroni Pasitsio	Roast (as advertised) With Roast Potatoes and Gravy	Chilli Con Carne with Rice	MSC Breaded Fish With Chipped Potatoes, or pasta Tomato Sauce
	Vegetarian	Chow Mein with Noodles	Wholemeal Spinach & Tomato Quiche with New Potatoes	Quorn Roast With Roast Potatoes and Gravy	Soya Mince and Vegetable Stir Fry with Noodles	Cheese & spinach frittata
	Vegetables	Sweetcorn Green Beans	Baked Tomatoes Peas	Carrot & peas	Sweetcorn Mixed Pepper s	Baked Beans Garden Peas
	Dessert	Apple Strudel with Custard, Natural Flavoured Yoghurt or Fresh Fruit	Pear Crumble and Custard, Natural Flavoured Yoghurt or Fresh Fruit	Oaty Cookie, Natural Flavoured Yoghurt or Fresh Fruit	Pineapple Upside down Cake with Custard, Natural Flavoured Yoghurt or Fresh Fruit	Yoghurt and Fruit Station
Week 2 14 Jan, 4 Feb and 4 and 25 March	Main	Hot Dogs with Homemade Tomato Sauce and Homemade Jacket Wedges	Chicken and Sweetcorn Puff Pastry Pie with New Potatoes and Gravy	Roast Turkey with Roast Potatoes & Gravy	Spaghetti Bolognaise	MSC Battered Fish Chipped Potatoes, or pasta Tomato Sauce
	Vegetarian	Quorn Mince Vegetarian Chilli with Rice	Sweet potato &Vegetable Curry with Rice	Quorn Roast With Roast Potatoes and Gravy	Quorn and Mixed Bean Cassoulet with Mash Potato	Cheese Tomato Quiche with Chipped Potatoes
	Vegetables	Coleslaw Green Salad	Broccoli Sliced Carrots	Red Cabbage Green Beans	Peppers Sweetcorn	Baked Beans Garden Peas
	Dessert	Apple, Cheese and Biscuits Natural Flavoured Yoghurt or Fresh Fruit	Banana Sponge & Custard, Natural Flavoured Yoghurt or Fresh Fruit	Chocolate Shortbread, Natural Flavoured Yoghurt or Fresh Fruit	Wholemeal Mixed Fruit Crumble & Custard, Natural Flavoured Yoghurt or Fresh Fruit	Yoghurt and Fruit Station
Week 3 21 Jan, 11 Feb, 11 March and 1 April	Main	Wholemeal BBQ Chicken Pizza with Potato Wedges	Beef and Vegetable Hotpot with Sliced Potatoes	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Beef Tortilla Stack & Rice	MSC Salmon Fish Fingers with Chipped Potatoes, or pasta Tomato Sauce
	Vegetarian	Quorn Sausages in a Hot Dog Roll with Potato Wedges	Creamy Broccoli Pasta Bake	Quorn Roast With Roast Potatoes and Gravy	Vegetable and Apricot Tagine with Couscous	Wholemeal Cheese and Tomato Pizza with Chipped Potatoes
	Vegetables	Sweetcorn Green Beans	Broccoli Baked Tomatoes	Shredded Cabbage Carrots	Roasted Vegetable Medley	Baked Beans Garden Peas
	Dessert	Oaty Peach Crumble and Custard, Natural Flavoured Yoghurt or Fresh Fruit	Lemon & Mixed Berry Cake, Natural Flavoured Yoghurt or Fresh Fruit	Chocolate & Mandarins Brownie, Natural Flavoured Yoghurt or Fresh Fruit	Mandarin & ice cream Natural Flavoured Yoghurt or Fresh Fruit	Yoghurt & Fruit Station

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection